

Halifax Monthly Meeting is comprised of the following groups:

Halifax Friends Meeting

which usually meets each Sunday for worship at 10:30 a.m. in the library building of the Atlantic School of Theology, Francklyn Street, Halifax.
(902) 429-2904

Antigonish Worship Group

which usually meets on different days for worship in the Antigonish area.
(902) 863-8998

Dartmouth Worship Group

which usually meets for worship at 10:30 a.m. the second and fourth Sundays of September to June in Friends' homes in Dartmouth.
(902) 463-3498 or (902) 461-0702

South Shore Worship Group

which usually meets for worship at 10:30 a.m. the first and third Sundays in Friends' homes in the Lunenburg area.
(902) 634-3231

<http://www.quaker.ca/halifax>

Welcome!

A Quaker Meeting for Worship is based on silence, a silence of expectant waiting. All present seek to surrender their wills, minds, emotions, memories and desires to the Holy Spirit, trusting that by letting go, a radical spiritual community will be formed, whether there is vocal ministry or total silence.

Individual Friends settle into Meeting for Worship in their own ways. One will look round the room and offer up a brief prayer for each person seated there, remembering those who are not present. Another will concentrate on her breathing, letting go of the tensions of the week. Another will close his eyes and open himself to the Spirit. Another will repeat to herself a comforting verse from the Bible or from a hymn. Yet another will be distracted by the buzz of the lights or the noise of nearby traffic, or shuffling children, but will seek to bring these distractions into his communion with God. A Friend exhausted by family or work responsibilities may be able to lay down her burden and open herself to physical and spiritual refreshment.

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Neither the gift of public speaking nor graceful language are the marks of a spiritual message. If it is simple, brief and comes from the heart, even though it is halting or ungrammatical, it will be received gracefully. Ministry can be a quotation from the Bible, offered with or without brief commentary, a prayer, a hymn, a poem, or a personal experience of the divine. If your reason rejects any message, let your heart remember the spirit behind the words.

Each Meeting for Worship is an experiment in the human-divine encounter, but unlike meditation in which barriers between an individual and God are dissolved, the Quaker Meeting is a group experience in which human-human barriers also disappear.

In Halifax, the children join us at the beginning of Meeting before they leave for their own programme. After about 45 minutes, a designated Friend introduces a time of worship-sharing when thoughts experienced in Meeting, which did not mature into ministry, can be shared. Meeting ends when Friends briefly take hands with those around them. Often, the children return and offer a question for our response. Following Meeting, there are announcements, introductions and light refreshments. Sometimes a study group is held.

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If you want to know more about Quakers, please fill in the following information, detach it and leave with someone who seems to know what is going on!

Name: _____

Address: _____

Phone: _____

E-mail: _____

Please put me on the mailing list to receive the minutes of the Monthly Meeting for Business and the bi-monthly Atlantic Friends Newsletter: _____

I would like someone to phone me, so I can ask questions about Quakers: _____

Thank you!

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